



Ephesians Lesson 4

February 26,
2026

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1

Walk Worthy:

- **One Body: Guard the Unity (4:1-6)**
- **Many Gifts: Use the Grace Given (4:7-12)**
- **One Goal: Grow into Maturity (4:13-16)**

2

**He chose us before
the foundation of the
world**

Ephesians 1:4-5 *"Just as He chose us in Him
before the foundation of the world, that we
would be holy and blameless before Him..."*

**He redeemed us
through the blood of
Christ.**

Ephesians 1:7 *"In Him we have redemption
through His blood, the forgiveness of our
trespasses..."*

**He sealed us with the
Holy Spirit**

Ephesians 1:13-14 *"In Him...having also believed,
you were sealed in Him with the Holy Spirit of
promise, who is given as a pledge of our
inheritance."*

**He made us alive
when we were dead
in sin**

Ephesians 2:4-5 *"But God...even when we were
dead in our transgressions, made us alive
together with Christ..."*

**He brought us near
when we were far off**

Ephesians 2:13 *"But now in Christ Jesus you who
were formerly far off have been brought near..."*

3

Therefore...

- **"By grace you have been saved (2:5,8)—therefore,
walk worthy (4:10)**
- **Made alive with Christ (2:4-5)—therefore, walk in
love (5:2)**
- **Once darkness—now light (2:4-5)—therefore,
walk as children of light (5:8)**
- **Once foolish (2:1-4)—therefore, walk as wise (5:15)**

4

What Guards Unity:

- **Humility/Lowliness**
- **Gentleness/meekness**
- **Patience/Longsuffering**
- **Love**
- **Peace**

5

**Christian unity isn't something WE create.
It is something God has already created.**

- **One Body**
- **One Spirit**
- **One Hope**
- **One Lord**
- **One Faith**
- **One Baptism**
- **One God and Father**

6



7

**We do not create unity.
We guard what the Spirit has
already formed.**

8

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9

“But to each one of us grace was given according to the measure of Christ’s gift.”

Ephesians 4:7

- **Saving grace:** Ephesians 2:8 - Grace that brings you INTO the body
- **Serving grace:** Ephesians 4:7 - Grace that enables you to BUILD the body.

10

“For the equipping of the saints for the work of service, to the building up of the body of Christ.”
Ephesians 4:12

11

Spiritual Gifts	1 Cor 12:4-11, 27-31; Romans 12:3-8; Eph 4:11
Revelation & Communication	Prophecy, Teaching, Wisdom
Service & Support	Mercy, Helps, Giving
Leadership & Equipping	Pastors, Administration, Leadership
Sign	Healing, Miracles, Tongues

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13

“Until we attain to the unity of the faith, and of the knowledge of the Son of God, to a mature man, to the measure of the stature which belongs to the fullness of Christ.”
Ephesians 4:13

14

**Truth without love wounds.
Love without truth deceives.**

15

- **He gave you grace—not just to receive, but to contribute.**
- **He placed you in this body—not by accident, but by design.**
- **He calls you to maturity—not someday, but now.**

16

**Will you, will I, choose to guard
unity, use our gifts, and grow into
Christ for the good of the body?**